

Supplement Facts

Serving Size: 5g (1 stick pack)

Servings Per Container: 20

	Amount Per Serving	% Daily Value
Thiamin (as cocarboxylase chloride)	1.1 mg	92%
Riboflavin (as riboflavin-5-phosphate)	1.4 mg	108%
Niacin (as niacinamide)	16 mg	100%
Vitamin B6 (as pyridoxal-5-phosphate)	1.4 mg	82%
Folate (as (6S)-5-methyltetrahydrofolic acid, glucosamine salt)	200 mcg DFE	50%
Pantothenic acid (as D-calcium pantothenate)	6 mg	120%
Magnesium (from magnesium glycerophosphate)	400 mg	95%
Organic beet juice (Beta vulgaris)(whole)	425 mg	*
Bamboo (shoot)(extract)	200 mg	*
Taurine	200 mg	*

* Daily Value not established

Other Ingredients: Citric acid, natural flavors and organic Stevia rebaudiana leaf extract.

This product is gluten and dairy free.

RECOMMENDATION: Mix stick pack contents into 6 fluid ounces of water once daily or as directed by your healthcare provider.

KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area.

Product # 1749 Rev. 10/19