

# MSM & MSM Powder

The ultimate sulfur supplements

**MSM** (methylsulfonylmethane) is a natural compound found in plants and animals, MSM is a normal oxidation product of dimethyl sulfoxide (DMSO), and is a part of the natural global sulfur cycle. MSM, therefore, is a key member of the sulfur family.

Sulfur is a very important element in human metabolism. Sulfur is necessary for the production of collagen, the primary constituent of cartilage and connective tissue. Additionally, intracellular sulfhydryl groups are necessary for the catalytic function of numerous enzymes.

Sulfur is necessary for the maintenance of healthy hair, skin and nails. In addition, sulfur plays an important role in carbohydrate metabolism.

Many people consume inadequate amounts of sulfur-containing compounds, such as methionine and cysteine. For them, **MSM** can serve as an excellent supplemental source of sulfur.

**MSM** has been extensively researched, is highly soluble, and has been found to be a safe and effective source of supplemental sulfur.

To place your order for **MSM & MSM Powder** or for additional information please contact us below.



MSM is available in 60-count bottles (#7805).

## Supplement Facts

Serving Size: 1 Capsule

|                       | Amount Per Serving | % Daily Value |
|-----------------------|--------------------|---------------|
| Methylsulfonylmethane | 830 mg             | *             |

\* Daily Value not established

Other ingredients: Capsule shell (gelatin and water).

**This product is gluten and dairy free.**

**RECOMMENDATION:** One (1) capsule one (1) to two (2) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

**KEEP OUT OF REACH OF CHILDREN**

Store in a cool, dry area.

Sealed with an imprinted safety seal for your protection.

Product # 7805 Rev. 05/13

MSM Powder is available in 16 ounce bottles (#3400).

## Supplement Facts

Serving Size: 1 Teaspoon (approx. 3 g)

Servings Per Container: 151

|                       | Amount Per Serving | % Daily Value |
|-----------------------|--------------------|---------------|
| Methylsulfonylmethane | 3 g                | *             |

\* Daily Value not established

**This product is gluten and dairy free.**

**RECOMMENDATION:** One (1) teaspoon of MSM each day as a dietary supplement or as otherwise directed by a healthcare professional.

**KEEP OUT OF REACH OF CHILDREN**

Store in a cool, dry area.

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Product # 3400 Rev. 07/13



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Utilizing "The Best of Science and Nature"  
to Create Superior Nutritional Supplements



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These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.